

WHAT IS VBEAM PERFECTA?

V beam perfecta is safe and effective in the treatment of facial veins, acne, rosacea, hemangiomas, spider angiomas, pink stretch marks, pink acne scarring, port wine stains, and pink surgical scars. The Vbeam Perfecta is a “non-ablative” laser that produces an intense but gentle burst of light that destroys the selected blood vessels in your skin without damaging the surrounding skin.

WHAT CAN I EXPECT DURING THE TREATMENT?

At your treatment appointment, your eyes will be protected with special goggles. The laser beam is aimed at the skin. You will feel multiple “zaps” which may feel like rubber band snaps. The mist may also be sprayed onto the skin. Most of our patients tolerate this without any problems. V beam laser treatments are customized to meet your individual skincare needs. The number and duration of treatments will depend on the condition and your skin type.

HOW MANY TREATMENTS WILL I NEED?

The number of treatments required varies based on the condition being treated. You can typically expect 2 to 4 treatment sessions, each lasting 10 to 20 minutes. Treatments can be done as often as 4 weeks apart. For treatment of chronic conditions, such as rosacea, V-beam is only meant to help the symptoms, but patients will likely maintenance treatments.

PRETREATMENT INSTRUCTIONS:

If you are planning for a treatment of the full/partial face, neck or chest we recommend the following:

- Avoid excessive sun for 2 weeks before treatment: Tan skin cannot be treated with a Vbeam device as you risk burning the skin. Your provider will discuss this if there is any concern for this during your visit. Therefore, please take special care to avoid excessive sun and tanning beds in the area to be treated for 2 weeks before treatment. Wear broad-spectrum sun protection with SPF 30 or higher on any exposed area every day.
- Avoid retinoids (tretinoin, retin A, or retinol) for 3-7 days before the treatment, if possible.
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NOTE: If you are just treating a small area (a surgical scar, areas that are covered by the sun), the pretreatment instructions will not pertain to you.

POTENTIAL SIDE EFFECTS:

Most patients experience minimal downtime. The intensity and duration of your side effects depends on the settings for your treatment and your individual healing characteristics, but usually can last 4 hours after to 5 days after treatment. Side effects include:

- Redness: Most redness resolves during the first few hours after treatment, but a rosy ‘glow’ can remain for several weeks. If you wish, you can apply makeup immediately after treatment to minimize the redness.
- Swelling: You will notice most of the swelling the first morning after treatment, particularly under the eyes. Swelling usually lasts two to three days, but possibly up to 5 days in some patients. To minimize swelling: Apply cold compresses to the treatment area for 10 minutes every hour. Sleep elevated the first night. Use as many pillows as you can tolerate. Taking antihistamines (Claritin or Zyrtec) for 5 days may also decrease swelling
- Bruising: Some settings will cause bruising that lasts 3-5 days after treatment. This is normal and it will fade.
- Pain: Tylenol may be taken to reduce pain if necessary.
- Crusting/Scabbing: If a crust or scab develops, allow it to fall off on its own. Do not pick at the area. Keep the area moist with Aquaphor several times per day until the crust falls off.

AFTERCARE INSTRUCTIONS:

- Avoid Excessive Heat: For 2 days post-treatment, avoid partaking in activities that will heat up your skin, such as going in a hot tub/Jacuzzi/sauna, or strenuous exercise.

- Skin Care Products: All of your skin care products should be gentle and non-irritating for the 5 days. Please do not use any scrubs, toners, glycolic acid, retinoids (RetinA or retinol), or bleaching creams (hydroquinone) until your skin has healed.
- Sunscreen: Proper and frequent application of sunscreen is very important. The sunscreen should offer broadband protection (UVA and UVB) and have a sun protection factor (SPF) of 30 or more. Reapply your sunscreen every 2 hours. If direct sun exposure is necessary, wear a hat and clothing that covers the treated area. Use this regimen during the healing period and always.

If you have any additional questions or concerns, please do not hesitate to call the office at 714-951-9119.